



2023 Spring Camp

May 23 - June 18, 2023

Gateway Skating Club is committed to an environment that fosters personal growth & development of our members.

Mill Woods Rec Centre
7207 - 28 Avenue

The Meadows Rec Centre
2407 - 17 Street

Kinsmen Twin Arenas
1979 - 111 Street

GENERAL INFORMATION

The Spring skating camp runs from May 23 to June 18, 2023. **DEADLINE to register is (end of day) May 1, 2023.**

NOTE: Late fee of \$25 will be applied as of May 2.

Payment information/options are found on the registration form (online).

Check our Events Calendar on the website frequently for changes/adjustments/events. Follow us on Instagram/Facebook to stay up to date!

No make-up sessions are offered due to absences.

- ▶ Hourly skaters may make-up a session if cancelled by the club - arranged through base coach.

Private / Semi-Private lessons are charged separately (contact your base coach).

Junior skaters have 30 min of group coaching included in their registration fees.

There will be no refunds in the event that skating is canceled due to facility failure or club events.

Refund Policy:

- ▶ Account adjustments will be considered for serious medical circumstances (with a medical certificate).
- ▶ A \$25 Admin fee will be withheld. Any other requests (e.g., Transfers, retiring, etc) must be requested in writing, and will be subject to a cancellation penalty of one month's ice fee.
- ▶ All fundraising commitments must be fulfilled and volunteer commitment charges will be applied.



PROFESSIONAL COACHING STAFF

The Gateway Skating Club has a professional team of coaches who work together to ensure that all skaters achieve personal excellence. Visit our website to find more information about our coaches.



Heather Heide
National Certified
nationalcoach.heather@gmail.com



Shelley Douglas
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Julia Chua
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Please contact coaches directly to inquire about lesson rates and availability. If you are new to private lessons, please contact Heather Heide at nationalcoach.heather@gmail.com.



PACKAGES & PRICING

CATEGORY	4 days / week	3 days / week	2 days / week
Senior	\$390.00		
Intermediate	\$340.00		
Junior		\$320.00	
Star O12-Adult			\$120.00
Gateway Academy*		THURSDAYS \$80	SUNDAYS \$80

* Gateway Academy - must choose minimum of two days

- ▷ Packages include all on and off ice sessions and group classes scheduled on each day.
- ▷ Skaters not registering for a Package may purchase hourly at the discretion of the Director. See prices below.
- ▷ Additional family members receive 15% discount (members only).
- ▷ Associate and Non-Members add 15% (packages only).

HOURLY & DROP-IN

Drop-In*	Per Hour	\$20.00
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*Sessions/classes will be based on availability and must be approved by the Director.

CATEGORY QUALIFICATIONS

CATEGORY	QUALIFICATIONS
Senior	Pre-Juvenile - Senior / Star 7 - Gold
Intermediate	Star 4 - 6
Junior	Star 1-3
*Star O12-Adult	Star 1-6
Gateway Academy	Invitation Only

* Star O12 is for skaters over 12



NOTES

- ▷ **Prior to registering, approval for your schedule/level is required from your coach.**
- ▷ Registration deadline is May 1, 2023 (end of day).
- ▷ Register online through your Uplifter account at www.gatewayskatingclub.org.
- ▷ Schedules are subject to change. GSC reserves the rights to cancel/adjust sessions without notice.
- ▷ Check the Calendar of Events on the GSC website regularly for no skating days, cancellations, and schedule changes.

REGISTRATION OPENS

- ▷ March 20, 2023 (at noon)



2023 SPRING CAMP SCHEDULE

May 23 - June 18, 2023

Monday Meadows W	Tuesday Mill Woods B	Wednesday Kinsmen
4:15-4:30 - Session Warm-up Senior	4:00-4:15 - Session Warm-up Senior	4:00-4:15 - Session Warm-up Senior
4:30-5:15 - Freeskate Senior	4:15-5:00 - Freeskate Senior	4:15-5:00 - Freeskate Senior
5:15-5:30 - Flood	5:00-5:15 - Group Spins Sr B / Sr A / Int / Jr	5:00-5:15 - Edges Senior
5:30-5:45 - Edges / Warm-up Intermediate	5:15-5:30 - Edges Intermediate	5:15-5:30 - Group Spins Sr B / Sr A / Int / Jr
5:45-6:30 - Freeskate Intermediate	5:30-5:45 - Flood Intermediate	5:30-5:45 - Flood Intermediate
6:30-7:15 - Open Senior	5:45-6:30 - Freeskate Intermediate	5:45-6:00 - Edges / Warm-up Intermediate
	6:30-7:15 Canskate	6:00-6:45 - Freeskate Intermediate
		6:45-7:30 Canskate
OFF-ICE	OFF-ICE	OFF-ICE
4:45-5:15 Intermediate	4:15-4:45 Intermediate	4:30-5:00 Intermediate
	5:30-6:00 Senior	5:45-6:30 Senior
5:30-6:15 Senior		

Thursday Mill Woods B	Friday Meadows E	Sunday Meadows E
4:30-5:15 - Freeskate STAR O12 / Adult	4:00-4:15 - Edges / Warm-up Intermediate	1:30-2:15 Gateway Academy
5:15-5:45 - Dance/Skills STAR O12 / Adult	4:15-5:00 - Freeskate Intermediate	2:15-3:00 STARPrep / Adult-Teen CanSkate
5:45-6:30 Gateway Academy	5:00-5:15 - Flood	3:00-3:15 - Flood
	5:15-5:30 - Session Warm-up Senior	3:15-4:00 CanSkate A
	5:30-6:15 - Freeskate Senior	4:00-4:45 CanSkate B
	6:15-7:00 CanSkate	4:45-5:00 - Flood
	7:00-8:00 - Open STAR O12 / Adult	5:00-5:45 CanSkate C
OFF-ICE	OFF-ICE	OFF-ICE
4:45-5:30 Gateway Academy	5:15-5:45 Intermediate	12:30-1:15 Gateway Academy
	4:30-5:00 Senior	

No skating May 22

REVISED MAY 16